



WHAT IS FAMILY CONNECTS?

Family Connects is an evidence-based, universally offered home visiting program designed to support all families with newborns. The model offers a nurse visit at 3 weeks postpartum at no cost to the family to ensure families have the support they need during the critical early months of a child's life. By addressing physical health, emotional well-being, and social determinants of health, Family Connects empowers families and strengthens communities.



HOW DOES IT WORK?

BACKED BY RIGOROUS RESEARCH, showing impact on family health as well as being **COST-EFFECTIVE**

UNIVERSAL ACCESS: removes stigma and ensures access to community supports

TAILORED SUPPORT from a **HIGHLY TRAINED NURSE** aligned to family needs, and preferences

Family Connects programs work to **ALIGN RESOURCES** and **CLOSE SYSTEMIC GAPS**

Investment in Family Connects **PROMOTES EFFICIENCY OF COMMUNITY RESOURCES.** Families are connected to the right resources at the right time

HOW DOES IT BENEFIT FAMILIES?

In their first year, babies had 50% fewer trips to the ER or overnight hospital stays

Mothers were 30% less likely to experience possible postpartum depression or anxiety

Community engagement increased by 15%



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