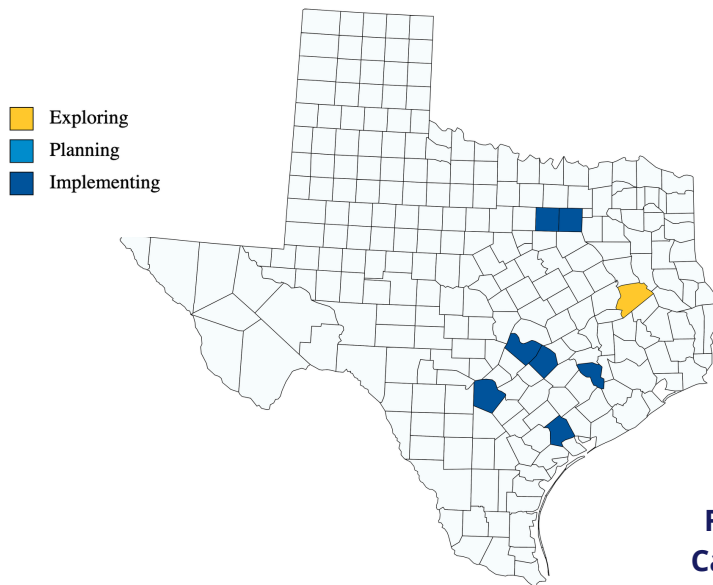


Family Connects Texas Snapshot September 2021



Family Connects International is supporting a number of communities in Texas to implement the Family Connects model:

Currently Implementing: Austin/Travis, Bastrop, Bexar, and Victoria Counties, as well the Dallas-Ft. Worth area.

Actively Exploring: Houston

Family Connects Texas Calendar Year 2020 Data

Total Integrated Home Visits (In-Person + Virtual): **1,360**.

The nurse home visitor assigned **98% of families** to a matrix score of 2 or higher (the rating scale is between 1-4, with 4 being a severe risk) on at least one protective factor, indicating a need for additional education or a referral to a community support.

Primary Caregiver Race

American Indian & Alaskan Native: 0%
Asian: 7%
Black or African American: 10%
Hawaiian or Pacific Islander: 0%
White: 69 %
More than one race: 3%
Other: 10 %

Primary Caregiver Ethnicity

Hispanic: 44% Not Hispanic: 56%

Child Insurance Status*

Public: 50% Private: 48% None: 2%

The Family Connects model is an **evidence-based** approach to supporting all newborns and their families. It aims to strengthen the local continuum of care and facilitate links between families and community resources. By reaching all families in a community, Family Connects improves health outcomes at the population level.

Rigorous **research** has shown that Family Connects has **positive impacts** on important outcomes, including:

- 44% reduction in Child Protective Services investigations through child age 2 years, and 39% reduction through age 5
- 50% less total infant emergency medical care between birth and infant age 12 months
- Family Connects mothers were 30% less likely to experience possible postpartum depression or anxiety
- Family Connects mothers were more likely to complete their six-week postpartum health check

Sources:

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Goodman, W.B., Dodge, K.A., Bai, Y., Murphy, R.A., & O'Donnell, K. (2021). Effect of a universal postpartum nurse home visiting program on child maltreatment and emergency medical care at 5 years of age: A randomized clinical trial. *JAMA Network Open*, 4(7), e2116024. <https://doi.org/10.1001/jamanetworkopen.2021.16024>.

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Dodge, K.A. & Goodman, W.B. (2019). Universal reach at birth: Family Connects. *Future of Children*, 29(1), 41- 60. <https://doi.org/10.1353/foc.2019.0003>.