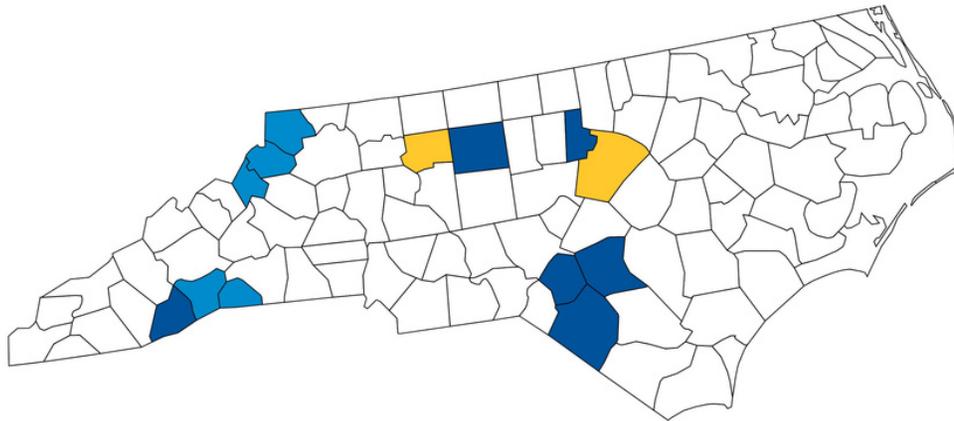


# Family Connects North Carolina Snapshot

## August 2021



**Family Connects (FC) is in various stages of dissemination across 13 North Carolina counties:**

**Durham, Guilford, and Transylvania Counties, along with the Southeastern Region\*** (includes Cumberland, Robeson and Hoke counties) are implementing the FC model.

Northwestern Region\* (includes Ashe, Avery and Watauga counties) and Henderson County\* (includes Polk county) are actively planning to launch the FC model.

Wake and Forsyth Counties are exploring opportunities for the FC model.

*\*These sites operate with funding from a federal Preschool Development Grant and in partnership with Smart Start.*

### Family Connects North Carolina Calendar Year 2020 Data

Total Integrated Home Visits (In-Person + Virtual): 5,932.

The nurse home visitor assigned 97% of families to a matrix score of 2 or higher (the rating scale is between 1-4, with 4 being a severe risk) on at least one protective factor, indicating a need for additional education or a referral to a community support.

#### Primary Caregiver Race

American Indian & Alaskan Native: 0%  
Asian: 6%  
Black or African American: 35%  
Hawaiian or Pacific Islander: 0%  
White: 43 %  
More than one race: 2%  
Other: 14 %

#### Primary Caregiver Ethnicity

Hispanic: 15% Not Hispanic: 85%

#### Child Insurance Status

Public: 55% Private: 44% None: 2%

The Family Connects model is an evidence-based approach to supporting all newborns and their families. It aims to strengthen the local continuum of care and facilitate links between families and community resources. By reaching all families in a community, Family Connects improves health outcomes at the population level.

Rigorous research has shown that Family Connects has positive impacts on important outcomes, including:

- 44% reduction in Child Protective Services investigations through child age 2 years, and 39% reduction through age 5
- 50% less total infant emergency medical care between birth and infant age 12 months
- Family Connects mothers were 30% less likely to experience possible postpartum depression or anxiety
- Family Connects mothers were more likely to complete their six-week postpartum health check

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#### Sources:

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