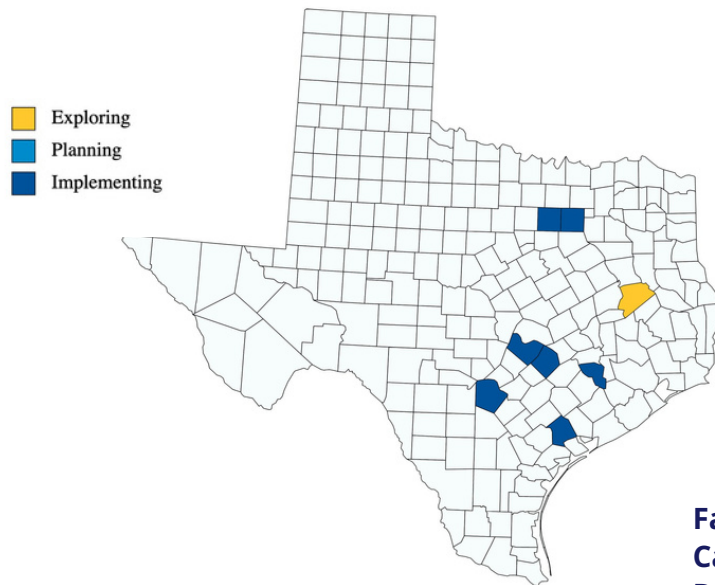


Family Connects Texas Snapshot September 2021



Family Connects International is supporting a number of communities in Texas to implement the Family Connects model:

Currently Implementing: Austin/Travis, Bastrop, Bexar, and Victoria Counties, as well the Dallas-Ft. Worth area.

Actively Exploring: Houston

Family Connects Texas Calendar Year 2020 Data

Total Integrated Home Visits (In-Person + Virtual): 1,360.

The nurse home visitor assigned 98% of families to a matrix score of 2 or higher (the rating scale is between 1-4, with 4 being a severe risk) on at least one protective factor, indicating a need for additional education or a referral to a community support.

Primary Caregiver Race

American Indian & Alaskan Native: 0%

Asian: 7% Primary Caregiver Ethnicity

Black or African American: 10% Hispanic: 44% Not Hispanic: 56%

Hawaiian or Pacific Islander: 0%

White: 69% Child Insurance Status*

More than one race: 3% Public: 50% Private: 48% None: 2%

Other: 10 %

The Family Connects model is an evidence-based approach to supporting all newborns and their families. It aims to strengthen the local continuum of care and facilitate links between families and community resources. By reaching all families in a community, Family Connects improves health outcomes at the population level.

Rigorous research has shown that Family Connects has positive impacts on important outcomes, including:

- 44% reduction in Child Protective Services investigations through child age 2 years, and 39% reduction through age 5
- 50% less total infant emergency medical care between birth and infant age 12 months
- Family Connects mothers were 30% less likely to experience possible postpartum depression or anxiety
- Family Connects mothers were more likely to complete their six-week postpartum health check

Sources:

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Goodman, W.B., Dodge, K.A., Bai, Y., Murphy, R.A., & O'Donnell, K. (2021). Effect of a universal postpartum nurse home visiting program on child maltreatment and emergency medical care at 5 years of age: A randomized clinical trial. *JAMA Network Open*, 4(7), e2116024. <https://doi.org/10.1001/jamanetworkopen.2021.16024>.

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Dodge, K.A. & Goodman, W.B. (2019). Universal reach at birth: Family Connects. *Future of Children*, 29(1), 41- 60. <https://doi.org/10.1353/foc.2019.0003>.

