Family Connects is an evidence-based model that combines engagement and alignment of community services and resources with short-term nurse home visiting beginning in the first month after birth. Family Connects is designed to be provided to all families with newborns, voluntarily and at no cost.

Our aim is to create systems change at the population level — to advance the well being of all children and their families. We work to:

- Ensure that families have a medical home
- Provide physical- and mental-health screenings
- Assess family strengths and needs comprehensively
- Connect families to community resources that support their individual family needs and preferences

Published results from two randomized controlled trials show the model has positive effects in a number of key areas:

Mothers

- Mothers were 28% less likely to report possible clinical anxiety at infant age 6 months. [4]
- Mothers reported more positive parenting behaviors and were more responsive to their baby at age 6 months. [4]
- Mothers were more likely to complete their 6-week postpartum health check. [1]
- Total child emergency room visits and hospital overnights were reduced by 50% through age 12 months [5] and 37% through age 2 years; $3.17 reduction in total hospital billing costs for every $1.00 in program costs. [2]
- Total child maltreatment investigations reduced by 44% through child age 2. [1]

### Sources


