



WHAT IS FAMILY CONNECTS?

Family Connects is an evidence-based, universally offered home visiting program designed to support all families with newborns. The model offers a nurse visit at 3 weeks postpartum at no cost to the family to ensure families have the support they need during the critical early months of a child's life. By addressing physical health, emotional well-being, and social determinants of health, Family Connects empowers families and strengthens communities.



HOW DOES IT WORK?

BACKED BY RIGOROUS RESEARCH, showing impact on family health as well as being **COST-EFFECTIVE**

UNIVERSAL ACCESS: removes stigma and ensures access to community supports

TAILORED SUPPORT from a **HIGHLY TRAINED NURSE** aligned to family needs, and preferences

Family Connects programs work to **ALIGN RESOURCES** and **CLOSE SYSTEMIC GAPS**

Investment in **FCI PROMOTES EFFICIENCY OF COMMUNITY RESOURCES**. Families are connected to the right resources at the right time

HOW DOES IT BENEFIT FAMILIES?

In their first year, babies had 50% fewer trips to the ER or overnight hospital stays

Mothers were 30% less likely to experience possible postpartum depression or anxiety

Community engagement increased by 15%



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Family Connects integrates universal newborn nurse home visits into a broader system of care that addresses the critical needs of families during the postpartum period. By identifying risks early, facilitating access to care, and providing education and support, the program is working to save lives and promote long-term health for babies and their families.

Access to high-quality care before, during, & after pregnancy can prevent maternal mortality & morbidity.

FCI nurses have supported over 100,000 babies since 2017

